

# How to Avoid Sewer Back-Ups

**Did you know Thanksgiving in Cheltenham Township is the #1 time of the year for sewer back-ups?**

From grease to egg shells to cleaning products there are many items that people put into the sink or down toilet without a second thought. If it's not liquid or human waste, it's probably best to put it in the trash rather than sending it swimming.

**Please do NOT put these 20 Things Down Your Drain or Flush Them Down the Toilet:**

**Band Aids**

**Car Fluids**

**Cleaning Products**

**Coffee Grounds**

**Condoms**

**Cotton Balls and Swabs**

**Diapers**

**Egg Shells**

**Face Wipes, Tissues and Paper Towels**

**Fats, Oil and Grease**

**Feminine Hygiene Products**

**Flammable or Explosive Substances**

**Floss**

**Flour**

**Flushable Cat Litter**

**Food Waste**

**Medication or Drugs**

**Pasta or Rice**

**Solvents**

**Stickers**