


Substance Abuse and Mental Health Committee

July 23, 2020, 7:30 p.m.

Township Administration Building

The regular meeting of the Substance Abuse and Mental Health (SAMH) Committee was held tonight via Zoom. Members present were Mathew Abraham, Beverly Fries, Howard Covitz, Stacey Halstead, and Township Liaison Jackie Hinchee. Also present were Kathy Bowers and Thomas Estilow.

1. The meeting was called to order at 7:35 p.m.
2. Upon motion of Mathew Abraham, the minutes of the April, 23, 2020 Substance Abuse & Mental Health Committee meeting were unanimously approved by the Committee. A quorum was present.
3. Project Reports:
 - a. Subcommittee on Older Adults – Tabled due to COVID-19
 - b. Old Business – Tabled due to COVID-19
4. New Business:
 - a. Accessing Mental Health Treatment in Times of COVID-19: The Committee discussed adding the State Medicaid website and contact number for the state and congressional representatives for the public to seek help if they have no other options. Ms. Halstead agreed to make the changes to the document on how to obtain treatment (see attached).
 - b. Mental health & substance abuse during the COVID-19 Pandemic: A list of resources, like National Alliance on Mental Illness (NAMI), Center for Disease Control (CDC), parent/child support suggestions, etc., have been compiled for the public to access on the Cheltenham Township's website.
 - c. Mental Health: The Committee would like to have a Zoom Forum for the public to ask questions regarding mental health.
 - d. Management: The Committee is seeking approval from the Township Manager to move forward with this next phase for their COVID-19 project.
5. There being no further business, upon motion of Mr. Abraham and approved by the Committee, the meeting was adjourned at 8:35 p.m.



Terry Fedorchak
Interim Township Manager

Per Joy P. Mayfield